

Nutrition Care Planning: Setting Up for Success at NICU Discharge Webinar

Internet Live Activity

Date: 10/19/2021

Time: 04:00 - 05:00 p.m. EDT

Location: Live Webinar (hosted via GoToWebinar)

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Disclosure of Financial Relationships

The planners, moderators or speakers of this activity have the following financial relationship(s) with ineligible companies to disclose:

Sara Ramel, MD: I have no financial relationships to report. FDA Disclosures: none reported.

Timothy Biela, MD: I have no financial relationships to report. **Nicole Brenson, MS.Ed:** I have no financial relationships to report.

Vicki Leamy, DNP, APRN, NNP-BC: I have no financial relationships to report.

Commercial Support

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Overview

The brain continues to develop well beyond term gestation and poor growth during this time period is associated with worsened neurodevelopmental outcomes. This presentation will address if enhanced nutrient provision provided to preterm infants after hospital discharge is associated with improved long-term outcomes.

Objectives

At the conclusion of this activity, the participant will be able to:

- 1. Define postnatal growth failure and describe current trends in growth of preterm infants.
- 2. Describe associations between growth and neurodevelopmental/metabolic outcomes.
- 3. Describe post-discharge nutritional requirements and the evidence (or lack thereof) surrounding the benefits of enhanced nutrition after discharge.
- 4. List nutrient provision strategies that can be employed at discharge to optimize nutrient intake.

ACGME/ABMS Competencies

- Medical Knowledge
- Practice-based Learning and Improvement

IOM Competencies

- Practice Patient-centered Care
- Employ evidence-based practice

Evaluation, Attendance and Credit

Within https://mednax.cloud-cme.com, click My CE and then select Evaluations and Certificates. Follow the instructions to record attendance/time spent and complete the brief evaluation. You will have the option to email the certificate of attendance to your mailbox.